



Trip Highlights

- Relaxed cycling along the backwaters
- Opportunity to interact with local villagers
- Cycle along the fabulous beach at Marari
- Staying with Keralan family



At a Glance

A relaxing ride along the beaches, the country roads and the backwaters. Meet the local people; taste their delicious home made Keralan food, stay at their homes and enjoy nature at its best.

Distance Chart – Cycling

Day 1	Arrive	-
Day 2		40 Kms
Day 3		30 Kms
Day 4		30 Kms
Day 5	Depart	

Detailed Itinerary

Day 1: Kochi

You will be picked at the Cochin International Airport and transferred to our hotel at Fort Cochin. After fitting out our bikes, we can spend our time exploring this heritage town of ancient churches, synagogue, museum and Chinese fishing nets. In the evening, we will witness a performance of classical dances of Kerala including Kathakali, Mohiniyattom and Kalari payattu.

Overnight accommodation at a Hotel (B)

Day 2: Kochi to Marari Beach

After an early breakfast, we will commence our cycling for the day. Leaving the busy roads of Fort Cochin, we will hit the beach road that will take us to our destination for the day, a beautiful beach villa. Today's ride will take us along the fishing villages and coconut plantations on one side and the sea on the other. We will reach in time for lunch at the villa. Wind down by spending the afternoon on the beach.

Overnight accommodation at a Hotel (B, L, D)

Day 3: Marari Beach to Alleppey

After a relaxed breakfast, we head to Alleppey, known for its serene backwaters. The route passes through country roads and small villages where we will see coconut husk being processed and made into coir ropes and mats. We hit the backwaters and cycle along the waters till a jetty where we will embark a wooden canoe to be taken to a backwater home stay. After the evening tea, take a walk through the paddy fields and meet the local people or take a ride to the nearby village market.

Overnight accommodation at a Hotel (B, L, D)

Day 4: Alleppey to Kumarakom

We leave the backwater villa and cycle along the paddy fields and coconut groves till we reach the famous Thanneermukkam Bundu. After a short break we head to Kumarakom. Spend the rest of the day paddling through the village canals on a country boat or visiting the spice plantations.

Overnight accommodation at a Hotel (B, L, D)

Day 5: Depart. End of tour



Inclusions

- Cycles
- Guide
- Accompanying vehicle
- Refreshments & mineral water while cycling
- Accommodation and most meals

Bikes: Trek/ Cannondale/ Merida

Bike Hire: Free. You may bring your own bikes, but in this case let us know in advance.

Bike Specifications

Bike type: Trek/ Cannondale/ Merida

Number of gears: 21-24

Brakes: V-Brakes

Suspension: Front

Pedals: Standard

frame range: 13.5" - 19.5"

Bike bag provided: No

Water bottle holder provided: Yes

Water bottle provided: No

Adjustable handlebars: No

Female saddles provided: No

Gel saddles provided: No

Option to fit own saddle: Yes

Option to fit own pedal: Yes

Bar ends: No

Things to carry on a Cycling Trip

- Casual Shirts / T-shirts
- Shorts
- Sunglass
- Sunscreen lotion (SPF minimum 35)
- Gloves
- Camera (optional)
- Warm clothes
- Waterproof jacket (during Monsoons)

General Info

VISAS

Visitors to India must obtain a Visa before departure.

ACCOMMODATION

You will be put up in Heritage Villas, forest lodges, resorts, eco lodges, home stays.

CLIMATE

The weather is cool throughout the year. Monsoons months are June to September.

TRANSPORTATION/ GUIDES

Transportation including airport transfers is included in the cost. The vehicle with roof top carriers will accompany throughout. We provide qualified cycling guide for the tour.

FIRST AID

Our guides have been adequately trained in first aid and always carry a comprehensive first-aid kit. In case of any medical emergency we have facilities to transfer you to the nearest hospital immediately.

FOOD

Food is a very important part of these journeys and we have ensured that the Local Cuisine is a part of this adventure. Refreshments and bottled mineral water are provided on all cycling days. Any special food requirements can be met if sufficient notice is given.

FOREIGN EXCHANGE

You can exchange your money at most major towns. ATMs are found in most towns. Credit cards are accepted at most of the places on this tour.